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*I love this person who I've become.
My future looks brighter because I
have more confidence in who I am.*

-LaKesha Sexton, 2008 Graduate



2015 Transformation Report



*We educate and empower women who are overcoming domestic violence, homelessness,
and other major challenges, to reach their greatest potential.*

Leaping to the New Me

Sunflowers are LaKesha Sexton's favorite because they "will always grow above what is in front of them to gain the sunlight they need to survive." The 40-year-old San Diegan who graduated with her bachelor's degree and lost 125 pounds all in the last year has been on an inspirational journey full of transformational leaps she took to find the sunlight she needs.



During six years of marriage, LaKesha experienced intense physical abuse, sometimes in front of her children, creating a life or death situation.

Untrusting and isolated, LaKesha became one of the first six women to attend Leap to Success' pilot program in 2008. The skills she learned helped restore her confidence. And the community she found helped her know she was safe and not alone on her journey.

Taking Big Leaps

When asked what her biggest leap has been, LaKesha replies, "Taking back my life."

“After surviving years of abuse, I had lost me. And that me was buried under 320 pounds.”

In emotional and physical pain, LaKesha regularly spoke with women about the possibilities in their lives, but her own possibilities "seemed very limited." So in 2013, she decided to reclaim her life, changing her diet and undergoing weight loss surgery in October 2014.

In March 2015 she became an instructor for Leap to Success. And in July, she graduated with her bachelor's degree in health care administration. Two days before graduation was her 40th birthday, and LaKesha met the goal she had set 10 years earlier to have a healthy weight. She lost 125 pounds but found herself!

The best part, she says, is that "I love this person who I've become! And my future looks brighter because I have more confidence in who I am."

Today she inspires hope for other women as an instructor for Leap to Success. And she is a role model for her daughters who are now 18 and 20 years old.

LaKesha is proof that the tools Leap to Success teaches are life-changing and life-saving. She has risen above her challenges and stands tall just like a sunflower.

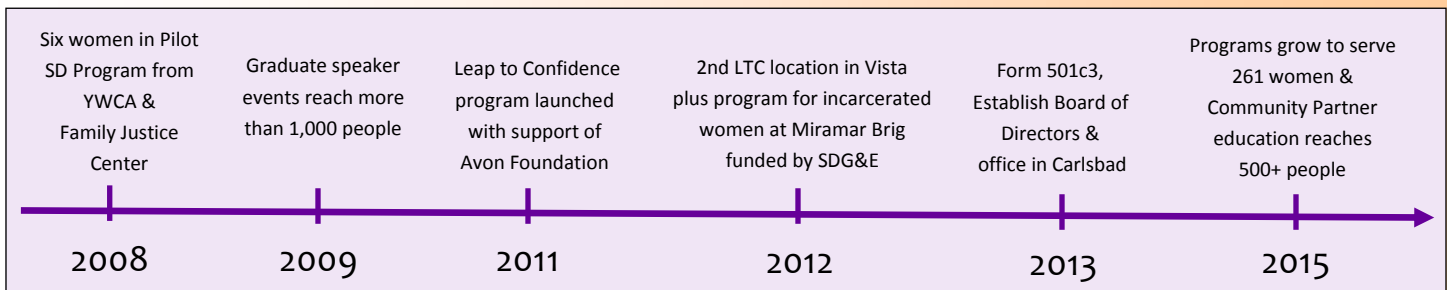


Volunteer Project to Women's Empowerment Organization

Growth and History 2008 - 2015

It has been an incredible journey since 2008 when we launched a volunteer pilot program with just six women. Seven years later, Leap to Success has directly impacted more than 700 women's lives through our programs.

SIGNIFICANT EVENTS



COMMUNITY IMPACT & ENGAGEMENT

Over 5,000 community members have been touched by the powerful stories our graduates have shared bringing awareness about prevention and recovery from domestic violence, homelessness and other challenges. We've been featured on TV, radio and as guest speakers at conferences and events.

Employers Share Expertise in Our Classrooms to Help Women Re-enter Workforce



Dana Bristol-Smith, Michelle Miller, City of San Marcos, Jenny Shultz-Brown, Qualcomm
Erika Christian, Sound, Michele Cooney

City of National City
City of San Marcos
Cliniq
Federal Heath
MiraCosta College
Pacific Marine Credit Union
Pridestaff
Qualcomm
ResMed
Sound

Life-Changing Programs

LEAP TO CONFIDENCE

A 7 week journey, Leap to Confidence helps women gain the confidence and skills they need to reclaim their lives, find a positive outlook, manage stress and present themselves professionally to potential employers. The program is offered multiple times each year in San Diego and North County.

TRANSFORMATION LEADERSHIP

An advanced professional development course, this year-long leadership program invites participants to set and meet significant life goals. With public speaking activities, they help raise awareness about prevention and recovery from domestic violence and shed light on homelessness.



Formerly homeless, Maria Garibay is a business owner.

Success is Undeniable as Graduates Become Instructors



Ruth Batton-Ransom (2009), LaKesha Sexton (2008), and Mariel Cota (2013), have used Leap to Success tools to transform their lives. In 2015, they joined our instructor team and show that it is possible to overcome some of life's toughest challenges to become role models and leaders.



Mariel had finally escaped from her abusive husband, but had not worked in 12 years. She and her children were living at Becky's House shelter when she attended Leap to Confidence.

In class week by week, we saw her regain her former self. In 2014, she restarted her business. Now, Mariel helps us empower more Latina women by instructing and translating.

COMMUNITY PARTNER AGENCIES THAT REFER CLIENTS

Center for Community Solutions

City of Oceanside Neighborhood Services

Community Resource Center

Dress for Success

Family Justice Center

Family Recovery Center

Interfaith Community Services

Jewish Family Services - Project Sarah

Mental Health Systems

New Ark Church

New Venture Christian Fellowship

North Coastal Mental Health Center

North County Lifeline

North County Serenity House

Operation Hope Vista

ResCare Workforce Services

Salvation Army

San Diego Housing Commission

St. Vincent de Paul Village

Vista Community Clinic

Vista Hill

Welcome Home Ministries

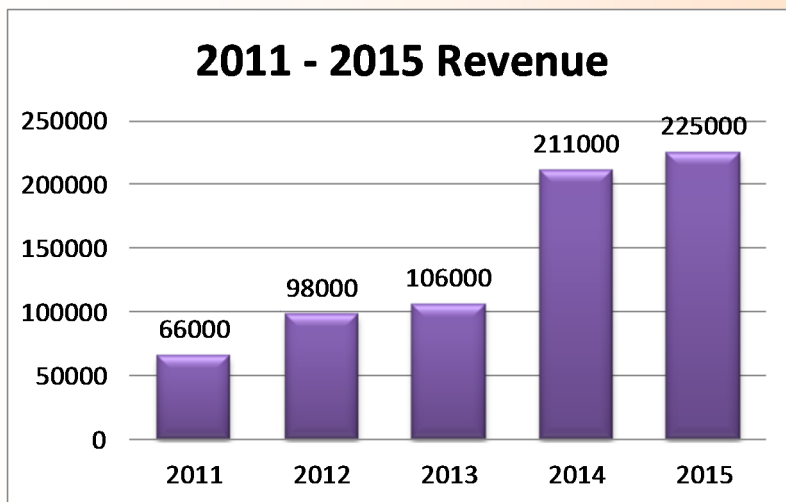
Women's Resource Center

YWCA of San Diego County

Impact by the Numbers

2015 FINANCIAL REPORT

Profit & Loss				Balance Sheet	
Income		Expenses		12/31/15	
Corporate	19,751	Program Services	126,702	Total Assets	157,518
Individual	52,359	Management & General	31,787	Total Liabilities	2,513
Grants Restricted	87,450	Fundraising	<u>16,944</u>	Opening Bal Equity	150
Grants Unrestricted	64,460	Total	\$175,433	Retained Earnings	105,292
Sales	<u>898</u>			Net Income	49,562
Total	\$224,918			Total Equity	<u>155,004</u>
				Total Liabilities & Equity	\$157,518



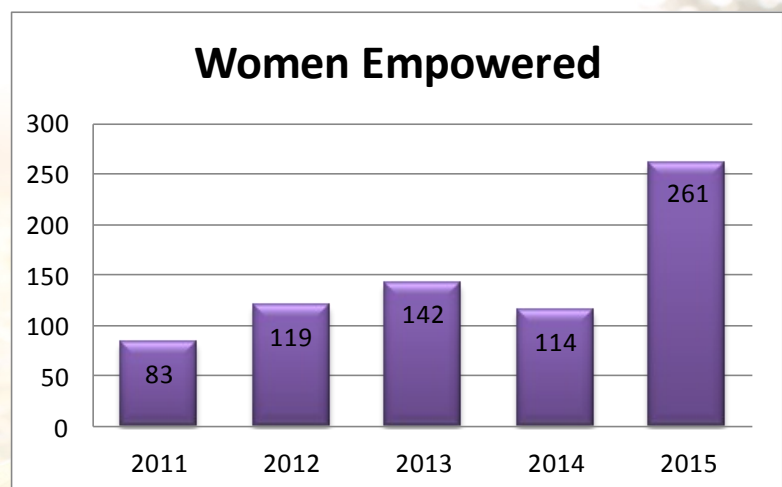
PROGRAM RESULTS

Women surveyed 45 days after program:

- 74% secured an interview
- 94% updated resumé
- 56% became employed

Even greater than the number of women we've served are the stories of overcoming barriers, finding new jobs, starting businesses and new belief in one's abilities that we can't measure.

The tales our graduates share and the leaps we see them achieve are truly inspiring.



Thank you for making so many incredible transformations possible.

Celebrating Women Who are Rebuilding their Lives



2008 Leadership Graduation



2015 Leadership Graduation



2015 Leap to Confidence Class #22 Graduation

Our Team

Board of Directors

Lauraine Esparza, Chair

Marti Hess, Treasurer

Wendy Hope, Secretary

Isabel Dansky, MFT, MHA

René Tarver, MS

Staff Members

Dana Bristol-Smith,
Founder & Executive Director

Michele Cooney, Program Director

Kelley Grimes, MSW, Community
Engagement Director

Ruth Batton-Ransom, Instructor

Helice Bridges, Instructor

Mariel Cota, Instructor

LaKesha Sexton, Instructor

Edie Willey, MS, Instructor

Alex Davies, Administrative Assistant

\$50,000

Issa Family Foundation

\$40,000

Melvin Garb Foundation

\$20,000

Avon Foundation

\$10,000 or more

Datron

Marriott Daughters Foundation

San Diego Gas & Electric

Bob & Marion Wilson

Women Give San Diego

\$5,000 or more

Five Rings Financial

Joe & Deborah McCloskey

\$2,000 or more

Filomena Antunes

Karen Bond

Bloombase LLC

Lauraine & Richard Esparza

Salazar Foundation

2015 Generous Supporters

\$2,000 or more

Soroptimist Int'l Oceanside/Carlsbad

United Methodist Church of Vista

Lori A. Zielinski

\$1,000 or more

Chico's

Michele & Mike Cooney

Isabel & Peter Dansky

Lewis Family Foundation

Kathe Gogolewski

Wendy & David Hope

Anjeanette Oberg

SD Paralegal Association

Soroptimist Int'l of Vista

Sundt Foundation

\$500 or more

Letizia Amadini Lane

Kathryn Bernert Morgan

Dana Bristol-Smith & Greg Klamt

Mimi Brust

Gwyn Carter Rice

Martha Demski

Tonda Hall

Carmen Kasner

Shawna O'Connor